

## **Information and Disclosure**

Welcome to *Quantum Osteopathy: Osteopathic-Based Advanced Bodywork* with Alexandra Kaufman. To legally conduct my hands-on healing therapeutic practice, I am required to inform you of the following facts and information:

- My therapy is available through the provisions stated in California under Sections 2053.5 and 2053.6 of the Business and Professions Code.
- I am not a licensed physician, DO, nor practicing medicine.
- The treatment I provide is an ‘alternative therapy’ or a ‘complementary therapy’.
- Services to be provided are legal but not licensed by the state of California.

### **Quantum Osteopathy...**

- Is a comprehensive manual treatment that aims to restore healthy position, mobility, and vitality of the tissues. The intention is return the body toward the natural state.
- Is a powerful means of identifying and addressing structural, fluidic, or biodynamic components at the root cause or causes of pain, injury, disease, and dysfunction.
- Intention is to play a supportive role in patients’ chosen health team that may include traditional and/or alternative modalities. Quantum Osteopathy is not a stand-alone treatment option that will replace appropriate medical intervention.
- Supports the bodies’ own self-organizing-systems to facilitate an optimal state of health. The significance and value of this treatment can be found in its application toward health maintenance, degenerative diseases, and athletic performance and maximizing each persons’ potential.

### **Theory behind the Therapy:**

There is an inextricable relationship between the structure and function of the body. The objective is to find and treat the related structures and mechanisms that are relevant and causative of the chief complaint or symptom. The theory of my manual treatment is based on studies that support the use of manual techniques to correct position, mobility, and vitality of the related structures to increase healthy function of the body and thereby reducing or resolving the symptoms and/or dysfunction.

### **Educational, training, experience:**

Alexandra Kaufman earned her traditional manual osteopathy degree from the Canadian School of Osteopathy in Vancouver Canada. She has also earned an animal osteopathy degree from London College of Animal Osteopathy in Toronto, Canada. She holds a Masters degree in Spirituality and Psychology and an undergraduate degree in Psychology and Women’s Studies. In private practice since 1995, Alexandra has accumulated over 3000 hours of classroom time in 23 modalities of bodywork.

To use my services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. You will receive a copy upon request.

This method of treatment is alternative or complementary to healing arts that is licensed by the State of California. Under Sections 2053.5 and 2053.6 of California’s Business and Professions Code, I can offer

you these services, subject to requirements and restrictions that are described fully on in the information below.

If you ever have any concerns about the nature of your treatment, please feel free to discuss them with me. I recommend that you inform your primary care practitioner that you are receiving treatment.

**Patients' Acknowledgement and Consent to Receive Services:**

**Results not guaranteed**

I understand that on this day I am entering into a private and confidential contract for therapeutic bodywork with Quantum Osteopathy and Alexandra Kaufman. I understand that she is not a licensed physician, DO, nor is she practicing medicine. I understand that every effort is made to accurately represent the bodywork and its potential, and that there is no guarantee that I will recover from an injury or particular health issue with these techniques. I understand that all bodywork practiced here is for the sole purpose of optimal health and to bolster the bodies' own autonomic healing capacities but is not intended to provide any official medical diagnostic advise nor purports to diagnose, cure or treat disease. I understand that any Osteopathic method employed occurs safely within the boundaries of the 'spring of the tissue' and not at an Osteoarticular interface/barrier. Any information provided to me during the session is considered supplemental to any other information provided by my primary care provider. I am encouraged to confer with my doctor about any critical medical situation. Bodywork given is not to be interpreted as a promise or guarantee of recovery. I understand that Alexandra Kaufman does not purport any guarantees of healing. I also understand that past performance of better health through receiving these modalities of bodywork does not insure future results.

**Payment**

I understand that payment in full is due upon completion of each session, unless negotiated otherwise with Alexandra Kaufman (Quantum Osteopathy).

**Cancellations**

For any cancellations, I understand that I need to allow at least 48 hours of notification so as to not incur the full amount charged for the missed session.

\*I have read and understand the above disclosure about the therapy offered by **Quantum Osteopathy** and **Alexandra Kaufman** and consent to use her services.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Client/parent/conservator/guardian)

Indicate relationship if signing for someone else: \_\_\_\_\_

**Initial Here:** \_\_\_\_\_ I acknowledge that Quantum Osteopathy has a copy of this consent form if I should ever like to reference it.

**Initial Here :** \_\_\_\_\_ I requested a copy of this consent form sent to me via email.

**Initial Here :** \_\_\_\_\_ I was offered a copy of this consent form and declined to receive it.

Sections 2053.5 and 2053.6 of the Business and Professions Code: 2053.3.

(a) Notwithstanding any other provision of law, a person who complies with the requirements of Section 2053.6 shall not be in violation of Section 2051, 2052, or 2053 unless that person does any of the following:

- (1) Conducts surgery or any other procedure on another person that punctures the skin or harmfully invades the body.
  - (2) Administers or prescribes x-ray radiation to another person.
  - (3) Prescribes or administers legend drugs or controlled substances prescribed by an appropriately licensed practitioner.
  - (4) Recommends the discontinuance of legend drugs or controlled substances prescribed by an appropriately licensed practitioner.
- (5) Willfully diagnoses and treats a physical or mental condition of any person under circumstances or conditions that cause or create risk of great bodily harm, serious physical or mental illness, or death.
- (6) Sets fractures.
- (7) Treats lacerations or abrasions through electrotherapy.
- (8) Holds out, states, indicates, advertises, or implies to a client or prospective client that he or she is a physician, a surgeon, or a physician and surgeon.
- (b) A person who advertises any services that are not unlawful under Section 2052, 2052, or 2053 pursuant to subdivision (a) shall disclose in the advertisement that he or she is not licensed by the state as a healing arts practitioner.

**2053.6. (a) A person who provides services pursuant to Section 2053.5 that are not unlawful under Section 2051, 2052, or 2053 shall, prior to providing those services, do the following:**

- (1) Disclose to the client in a written statement using plain language the following information:
  - (A) That he or she is not a licensed physician.
  - (B) That the treatment is alternative or complementary to healing arts services licensed by the state.
  - (C) That the services to be provided are not licensed by the state.
  - (D) The nature of the services to be provided.
  - (E) The theory of treatment upon which the services are based.
  - (F) His or her educational, training, experience, and other qualifications regarding the services to be provided.
- (2) Obtain a written acknowledgement from the client stating that he or she has been provided with the information described in paragraph (1). The client shall be provided with a copy of the written acknowledgement, which shall be maintained by the person providing the service for three years.

**(b) The information required by subdivision (a) shall be provided in a language that the client understands. (c) Nothing in this section or in Section 2053. Shall be construed to do the following:**

- (1) Affect the scope of practice of licensed physicians and surgeons
- (2) Limit the right of any person to seek relief for negligence or any other civil remedy against a person providing services subject to the requirements of the section.